



Wonders & Worries

Professional support for children through a parent's illness.

We will, together.



Wonders & Worries is Offering a Virtual Parenting Crash Course!

We are offering a free 3-session parenting "crash course" focused on equipping you to best support your children. This course is ideal for parents of young children (ages 2 to 10 years). If you are interested, there is more information on the course below as well as a chance to RSVP! We look forward to seeing you all!

CPRT/Parenting Crash Course

In this shortened version of Child-Parent-Relationship-Therapy (CPRT) by Dr. Garry Landreth, you will learn why the presence of a therapeutic relationship in children's lives is more important than ever during this challenging time. You will learn how to strengthen your relationship with your children, understand and support their play, set healthy limits, and foster resiliency.

Kim Fryar will be facilitating this 3 session "Crash Course" in CPRT (virtual of course) for our W&W parents.

- Thursday, February 11th from 12:00 – 1:30
- Thursday, February 25th from 12:00 – 1:30
- Thursday, March 11th from 12:00 – 1:30

[RSVP Here!](#)



You're Invited to Wonders & Worries' Virtual Parenting Classes!

Wonders & Worries offers free, quarterly classes (now virtual) for clients who have children between 3-17 years old. These classes:

- Improve parenting skills in the midst of illness or after the death of a parent
- Focus on current parenting stressors including challenges with COVID-19
- Strengthen the parent/child relationship
- Enhance communication and reduce family stress

The February class will focus on Redefining Discipline:

1. How do we define Discipline?
2. Parenting Styles and Discipline
3. Why do children misbehave?
4. Discipline and Brain Development
5. How to use Discipline as a Teaching Tool

Parenting Class Times:

- Tuesday, February 16th, 2021 from 4:30 - 6:00 p.m.
- OR
- Friday, February 19th, 2021 from 12:00 - 1:30 p.m.

[RSVP Here!](#)



Join us as a Founding Family for Partners in Hope by Becoming a Monthly Donor Today!

\$75	Provides free, professional support for a month for a child or teen.
\$50	Provides expert parenting support for a month from a child life specialist.
\$25	Provides an activity kit for a therapeutic session.
\$10	Provides a coping kit for a child to use on a tough day.
Other Monthly	

[Become A Founding Family Today!](#)

Our Partners In Hope Program allows families who received support from Wonders & Worries to give back to our organization in supporting our future families.

Please join us in becoming a founding family of Partners In Hope. Your monthly contribution will make a huge difference in the life of the next family that comes to us for support during a parent's serious illness.

[Click here for more information on our Partners In Hope Program!](#)

OTHER WAYS TO BECOME A PARTNER IN HOPE

CONNECT WITH US

Follow us on [Facebook](#) and [Instagram](#) to keep up with what's going on and share about Wonders & Worries with your family and friends. We are here for them, just like we are here for you.

ATTEND OUR EVENTS

Our Envision Gala is coming up on February 26th, 2021! Join us for this completely re-imagined virtual event. Help us Envision the future of Wonders & Worries! [Click here](#) for more information.

SHARE A MEMORY

Share a current picture and memory about your time at Wonders & Worries by emailing it to Nicole Halder at nicole@wondersandworries.

VOLUNTEER

Interested in volunteering? Email jordan@wondersandworries for volunteer opportunities or for more information!

HAND IT FORWARD

We rely on the support of businesses and the generosity of donors to be able to offer our services at no cost to families. You can help make a huge difference in the life of the next family in need by making a financial contribution.

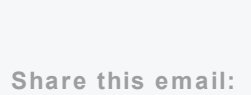
No amount is too small to make a difference.

[Donate Here](#)

Visit our [website](#) for more information about Wonders & Worries' services and resources for parents or to [refer a family](#).

For more information please contact Nicole Halder at nicole@wondersandworries.org or 512-329-5757, Ext. 120

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